

Summer of Champions 2022 In Linköping, Sweden

We offer a figure skating summer school for all levels in the following periods:

Period 1: 13-17 of June (Monday-Friday) 2021 (Week 24)

Period 2: 19-23 of June (Sunday-Thursday) 2021 (Week 25)

Period 3: 27 of June – 01 of July (Monday-Friday) 2021 (Week 26)

Program:

We recommend attending at least 2 weeks to be able to create progress. Instruction will be held in English and Swedish. Extra ice is available for private lesson (extra costs). You can book private lessons with Andras, Edit or Kim : contact Andras for details.

We are very happy to introduce you this year a special guest from the USA, Kim who is spin specialist and Amanda Azzopardi who is TC and judge from Sweden.

Special Methods Power Twist, Electric Spinner, Running Parachute, Mental Training, Sport Nutritionist

Test Competition with TC/TS and judges will be provided free of charge for those who are interested in participating. There will be no result by ranking and podium at this event, but you will be given marks, feedback, analyses and monitoring.

Video Analyzation and **Harness lessons** are available on private lessons

Private spin lessons with Kim You need to book your private lessons as soon as possible because of high interest and limited number of lessons.

How to sign up for the camp:

1. Package: Prize for a week 4900, -SEK including:

5 days (Monday-Friday) – 3 x 50 minutes ice/day (jump classes, skating skills classes, spin classes), 2 x 50 minutes off-ice practices, coaching, lunch in the ice rink, fruit

2. Package: Prize for a week 3700, -SEK including:

5 days (Monday-Friday) – 2 x 50 minutes ice/day (jump classes, skating skills classes, spin classes), 1 x 50 minutes off-ice practices, coaching, lunch in the ice rink, fruit

- **Fill in the form for registration and send it by e-mail or post to the address below before 31st of March 2022. We accept registration together with the payment of the registration fee until 31st of March 2022. Registration fee is 50% of the total amount for the camp. The registration fee is including 600 SEK administration fee which can not be paid back in case of injury or sickness. NB: A doctor's certificate is needed in order to get money back two weeks before the starting date of the camp. Within 2 weeks before the camp starts there is no way to get the money back .**
- **If camp is cancelled because of Covid-19 full amount payment which was payed by the participant will be payed back by the organizer**
- **Please pay the registration fee to the Andras Szaraz Bankgiro: 5484-5375**
- **In case of international payment please use: IBAN: SE36 6000 0000 0003 4276 6368**
- **Please pay the rest (50%) 14 days before the camp start**
- **Questions, information, registration: soc.telfs.2018@gmail.com or +46723760853**

Our experts/coaches :

Andras Szaraz (English, Swedish and Hungarian speaking) owner of SOC summer academy 1994-1998 Hungarian Physical Education University

An experienced coach with a Master's Degree, he coaches skaters at the Europeans, Worlds and Olympics. He is responsible for the ice practices including jump, step and stroking technique.

Coach of Diana Poth between 1998-2000, Europeans 4th in Praha, 11th in Wien..

Coach of Julia Sebestyen between 1994-1997 and 2000-2006, Europeans 3rd in Malmö, European Champion in Budapest, 6th at Worlds in Dortmund, 8th Olympics in Salt Lake City.

ISU Camps head coach and coordinator between 2004-2007.

2012-16 head coach of Trelleborg KK, 2016-17 head coach of Tyresö KK, 2017- head coach of Linköping KF

Edit Szaraz (English, Swedish and Hungarian speaking)

Off-ice specialist. She is responsible for condition training and coordination developing practices. She is a former Rhythmic Gymnast who has been working with gymnastics as a coach for many years on the highest level in Hungary. Special stretching, power training and dance classes will be conducted by her for the specific needs of modern figure skating.

She has been working with figure skaters in USA, Holland, Sweden, Belgium, Hungary for many years. Condition training coach for the Hungarian Kajak-Kenu Olympic Champion Team for 2 years.

Education in Sport: Academy of Fitness Budapest – Hungary, Aerobic and Fitness Personal Trainer

2012-16 off-ice coach and choreographer of the Trelleborg KK, 2016-17 Tyresö KK, 2017- coach and choreographer, off-ice specialist of Linköping KF.

Kim Ryan Lewis (English speaking) internationally recognized figure skating spin specialist from the US. Kim Ryan has been coaching figure skaters in the Pacific Northwest and across the country for more than 40 years. A former competitive skater herself, Kim trained under [John Nicks](#) – renowned coach of Olympic skaters such as Ashley Wagner, Sasha Cohen and Tai Babilonia and Randy Gardner.
Participation: Period: 2 and 3

Amanda Azzopardi: (English and Swedish speaking) Swedish Figure Skating Association TC and judge with many years of experience on national and international competitions. Amanda will participate in a workshop for leveled elements on 19th of June and conduct a simulation competition on 20th of June.

Marko Marton (English and Hungarian speaking) Former skater of the Szaraz team. He has been working with us in Sweden/Landskrona and the US.

4 times Hungarian Champion, European and Worlds competitor

Disney on Ice Frozen ensemble skater 2014-2015, Disney on Ice Frozen principal skater 2015-2018,

Disney on Ice Dream Big principal skater 2018-2019

Coaching experience: 2010-14 in Budapest, 2020 Istanbul, 2021-22 Budapest

Lisen Hogner (English and Swedish speaking) Assistant coach of Linköping KF. She is a former elite figure skater who has been coaching figure skaters on various levels since her own career ended in 2017. Her young age is a strength which allows her to reach out and empathize with skaters within her own generation. She currently works both on and off ice to help skaters improve their skating skills, strength and endurance. Education in sport: SISU Sport Educators Introductory Course. Swedish Coach Education Level 2.

Registration form: Summer Of Champions 2022 Linköping

Skater's Name:

Package 1.

week 24

week 25

week 26

Package 2.

Week 24

week 25

week 26

Category you compete in:

Date of birth:

Address:

Telephone nr:

Mobile/Cell phone:

E-mail:

Parent's mobile number:

I am interested in private lessons with Andras: 650 SEK/50 min or 350 SEK/25 min:

I am interested in private choreography with Edit: 650 SEK/50 min:

I am interested in private choreography with Kim: 300 SEK/50 min:

Special diet/medical information:

Send this form to: **soc.telfs.2018@gmail.com** or to:

Andras Szaraz

Höstvindsvägen 10. Linköping, Sweden

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